

Title: Solar inverter represents spleen

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The idea is that there was an energetic split and the Spleen and the Emotional Solar Plexus make up the two parts of the 3rd Chakra. Maybe this is part of why it feels a little less clear to ...

Understand how your centers are wired, and you can stop fighting your own nature and start wielding your design with power. This piece - Part I - gets down and dirty with the first four heavy hitters: the ...

Continuing with the 4-part mini-series on exploring the nine energy centers in the Human Design chart, in this episode, we explore the three awareness centers: the Ajna, Spleen, and Solar Plexus centers.

The Spleen was the first awareness center to develop, it marks the beginning of consciousness in our evolutionary process. The Ajna evolved second, and the Solar Plexus is in the process of evolving in order for ...

It really teaches you that you decide to interpret things are good or bad. What planet do you have there? I have the 55-39 as well. The 55th gate is in my conscious Earth, so a strong position for it from what ...

The Human Design Energy Centers consist of the Crown, Ajna, Throat, G, Heart, Solar Plexus, Spleen, Sacral, and Root Centers. Each Center stands as a representation of different aspects of our life, ...

Defined by the presence of specific gates in the BodyGraph, a Defined Splenic Center signifies a heightened sensitivity to environmental cues, fostering a deep-seated intuition and a keen sense of self ...

The Spleen Center represents instinctive awareness. Innate instincts for survival and social adaptation, intuition, and immunity. The Ajna Center represents mental awareness. A type of thinking and memory, a way of ...

The solar plexus, or the celiac plexus, is the control center for your abdomen. It is also known as the third chakra in Ayurvedic medicine.

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Next are Awareness Centers, which represent awareness of ourselves and others and our ability to take in and process information. The three Awareness Centers are the Spleen, Ajna and Solar Plexus.

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